What To Ask Your Dentist Checklist

\_\_\_ Have my teeth shifted or changed since my last check-up?

\_\_\_ Are there any signs of my gums receding?

\_\_\_ Are there any signs of early decay or possible cavity formations?

\_\_\_ Am I grinding my teeth, and if so what sort of mouth guard should I use at night?

\_\_\_ Did you screen me for oral cancer?

\_\_\_ What should I be doing to improve the health of my teeth?

\_\_\_ Is there anything I should tell my doctor/regular practitioner about?

\_\_\_ How often should I come in for a check-up each year?

\_\_\_ Are there any signs I can look for that would bring me in earlier?